Spring Grove Hospital Center
Catonsville, Maryland

**From Washington, DC**
I-95 N to I-695 West (Baltimore Beltway)

**From the Baltimore Beltway**
(I-695) Exit 12C, Wilkens Ave., west.
Follow one-half mile to Valley Rd. Turn right.
Hospital entrance is 300 feet on the right.
From the Northern Baltimore Area
Follow the Baltimore Beltway, I-695, South and West to Exit 13, Frederick Road.

At the end of the exit ramp, turn right onto Frederick Road and take an immediate left onto Wade Avenue (The McNabb Funeral Home is located on the corner).

Follow Wade Avenue for approximately 0.25 miles, at which point it leads directly into the campus of Spring Grove Hospital Center.

From the Southern Baltimore Area
Follow the Baltimore Beltway, I-695, north and west to Exit 12C, Wilkens Avenue, west.

At the bottom of the exit ramp, turn right onto Wilkens Avenue, proceed through the traffic signal, and follow Wilkens Avenue for approximately 0.5 miles to Valley Road.

Turn right onto Valley Road, and in approximately 500 feet turn right again into the entrance of Spring Grove Hospital Center.

Follow the entrance road up the hill and onto the grounds of Spring Grove Hospital Center. Bear left at the fork in the road.

From Metropolitan Washington, DC
Take I-95 North towards Baltimore. Just south of the city take the Catonsville exit, marked I-195 and Route 166.

Once on the exit ramp, bear left onto Route 166. Follow Route 166 for approximately 3 miles until it ends at Rolling Road.

Turn right onto Rolling Road and, at the first traffic signal, turn right again onto Wilkens Avenue.

Follow Wilkens Avenue for approximately 1.5 miles to Valley Road. Turn left onto Valley Road and continue for approximately 500 feet to the entrance to Spring Grove Hospital Center, located on the right.

Follow the entrance road up the hill and onto the grounds of Spring Grove.